

Surname	Centre Number	Candidate Number
First name(s)		0

GCSE – NEW



3570UB0-1



MONDAY, 16 MAY 2022 – AFTERNOON

**HEALTH AND SOCIAL CARE, AND CHILDCARE
UNIT 1: Human Growth, Development and Well-being**

1 hour 30 minutes

For Examiner's use only		
Question	Maximum Mark	Mark Awarded
1.	6	
2.	11	
3.	13	
4.	9	
5.	8	
6.	8	
7.	16	
8.	9	
Total	80	

INSTRUCTIONS TO CANDIDATES

Use black ink or black ball-point pen.

Write your name, centre number and candidate number in the spaces at the top of this page.

Answer **all** questions.

Write your answers in the spaces provided in this booklet. If you run out of space, use the continuation page(s) at the back of the booklet, taking care to number the question(s) correctly.

INFORMATION FOR CANDIDATES

The number of marks is given in brackets at the end of each question or part-question.

The total number of marks available is 80.

You are reminded of the necessity for good English and orderly, clear presentation in your answers.

The quality of your written communication, including appropriate use of punctuation and grammar, will be assessed in your answer to question 7.(d).

Answer **all** questions.

1. (a) Listed in the table below are examples of features of growth and development in children. **Tick (✓) two** examples of growth and **two** examples of development. [4]
Two have already been completed for you.

Features	Growth	Development
Language skills		
Increase in strength		
Problem solving		✓
Bonding		
Increase in height		
Increase in mass	✓	

- (b) (i) State what is meant by the term 'gross motor skills'. [1]

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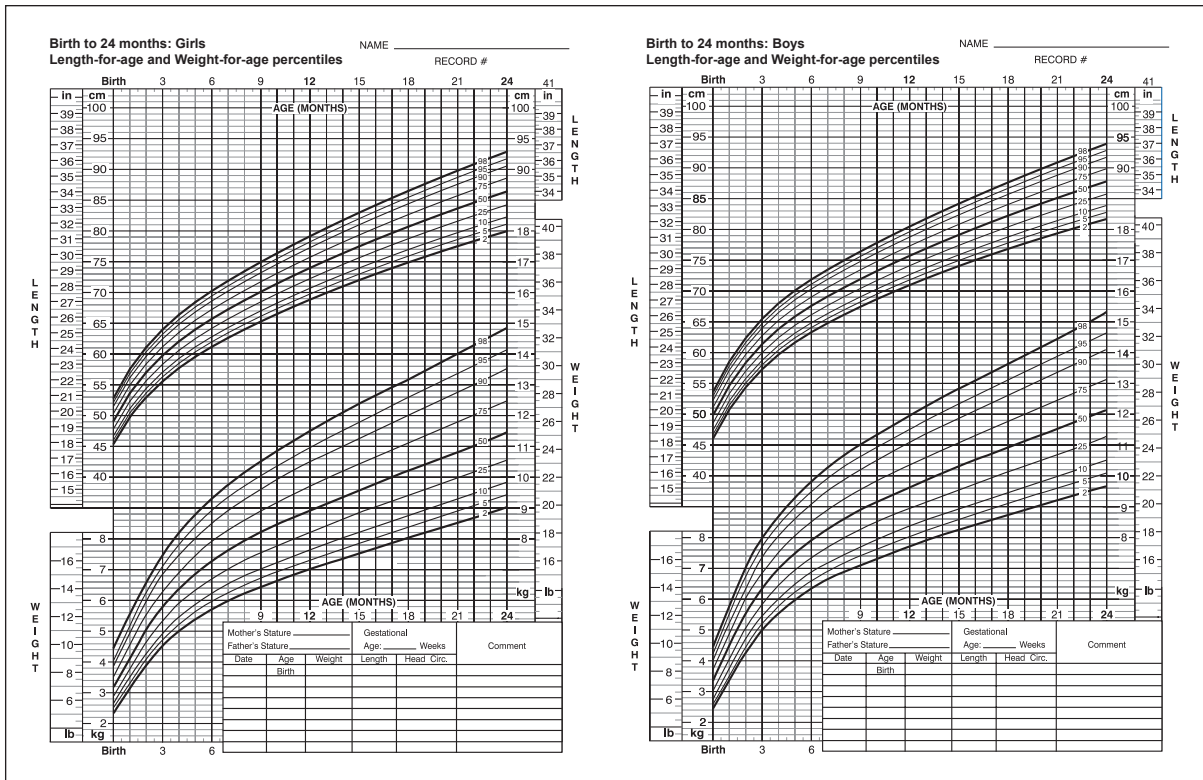
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- (ii) Give **one** example of a gross motor skill. [1]

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2. Examples of percentile charts for girls and boys from birth to 24 months.



(a) (i) Describe why percentile charts are used to measure growth. [2]

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(ii) Identify **one** health professional who would use a percentile chart. [1]

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(b) Explain what is meant by the term 'expected patterns of growth and development'. [2]

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(iii) Emotional

[2]

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(iv) Social

[2]

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(b) Explain the benefits of **one** screening programme offered for babies and young children in Wales. [5]

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4. Alun is a 68-year-old man who has recently divorced. Since the divorce, he attends exercise classes with his friends three times a week. Many experts believe that regular exercise is important to improve overall well-being.

(a) Identify Alun's life stage. [1]

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(b) Describe the possible effects of the divorce on Alun's well-being. [4]

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(c) Explain the social and emotional health benefits that attending exercise classes with his friends could have on Alun. [4]

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6. (a) Life events can be classed as expected or unexpected. Tick (✓) **two** examples of **expected** life events.

[2]

Life event	Expected
Divorce	
Starting work	
Bereavement	
Serious accident	
Marriage	

- (b) Explain how the death of a loved one could affect an individual.

[4]

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- (c) Identify **two** practitioners that could support an individual who has experienced bereavement.

1. [1]
2. [1]

7. Adam is 16 years old. His parents separated last year. Adam now lives with his mother, and misses spending time with his father who is a positive role model in his life. Adam's school report comments on his lack of resilience, particularly when things go wrong. He has started missing school and has stopped playing rugby and socialising with friends.

(a) (i) Identify what is meant by the term 'resilience'. [1]

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(ii) Explain how a lack of resilience may have an impact on Adam. [4]

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(b) Adam has been encouraged to go back to playing rugby.
Explain how Adam's mental health may benefit from him engaging in regular physical activity. [4]

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(c) Describe what is meant by the term 'growth mind-set'. [1]

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(d) Discuss the ways in which Adam’s school could help him develop a growth mind-set and become more resilient.

[6]

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8. Ellie and her friends are studying for their A Levels. Like most young people their age, they enjoy going out with friends and socialising at parties.

(a) Government guidelines are designed to promote the health and well-being of individuals.

(i) Identify **one** area of health and well-being where government guidelines could support Ellie and her friends in having a safe social life. [1]

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(ii) Explain how the health and well-being of Ellie and her friends could benefit from government guidelines on the area of health and well-being identified above. [4]

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(b) Ellie experienced neglect as a child.
Explain the possible effects of neglect on an individual's emotional development. [4]

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