Gofal Cymdeithasol **Cymru**
Social Care **Wales**

Asesiad

Uned 444 Cefnogi'r broses asesu a
chynllunio gofal a chymorth

Deilliant Dysgu 5

Cynnal adolygiadau o gynlluniau gofal a
chymorth yn unol â'ch rôl a'ch cyfrifoldebau
eich hun, deddfwriaeth a'r Codau Ymarfer

Assessment

Unit 444 Support the assessment and care
and support planning process

Learning Outcome 5

Undertake reviews of care and support plans
according to own role and responsibilities ,
legislation and the Codes of Practice

Mae'r adnodd hwn wedi'i ddatblygu mewn partneriaeth â'r Consortiwm Ymarferwyr Gwasanaethau Cymdeithasol (SSP) ar ran Gofal Cymdeithasol Cymru. Mae'r consortiwm yn cynnwys y partneriaid canlynol:

This resource has been developed in partnership by the Social Services Practitioner (SSP) Consortium on behalf of Social Care Wales. The consortium is made up of the following partners:

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Sgiliau Astudio / Study Skills

Cyfeirnodi / Referencing

Darllen / Reading

Ysgrifenu / Writing

Myfyrdod Beirniadol /
Critical Reflection

Cyfathrebiad /
Communication

Gwaith Grŵp / Group Work

Cyflwyniad / Presentation

Ymchwil / Research

Sgiliau rhyngbersonol /
Interpersonal Skills

Sgiliau Astudio Cudd / Hidden Study Skills

Peidiwch ag anghofio bod amrywiaeth o sgiliau wedi'u gwreiddio, gan gynnwys...

Trefniadaeth

Cadw amser

Cynllunio

Cymryd nodyn

Cynllunio Traethawd

Gwrandawiad

Datrys problemau

Penderfyniadau

Cwestiynu

Siarad yn effeithiol

Cyfathrebu llafar

Efallai y bydd rhai o'r rhain yn rhan o'ch sgiliau rhyngbersonol hefyd.

Don't forget there are a range of skills embedded including...

Organisation

Time keeping

Planning

Note taking

Essay planning

Listening

Problem solving

Decision making

Questioning

Effective speaking

Verbal communication

Some of these may form part of your Interpersonal Skills too.

Nod

- Rhannu'r fframwaith deddfwriaethol sy'n sail i'r broses adolygu.

- Ystyried ein rôl a'n cyfrifoldebau wrth gynnal adolygiadau o gynlluniau gofal a chymorth.

Aim

- To share the legislative framework that underpins the review process.

- To consider our role and responsibilities when undertaking reviews of care and support plans.

Amcan

- Disgrifio gwahanol ddulliau o alluogi unigolion i werthuso i ba raddau y maent wedi cyflawni eu canlyniadau llesiant

- Gweithio gyda'n gilydd i archwilio sut rydym yn rheoli'r amseroedd nad yw unigolion a'u rhwydwaith yn cadw at y cynllun y cytunwyd arno

Objective

- To describe different methods of enabling individuals to evaluate how far they achieved their wellbeing outcomes

- To work together to explore how we manage the times individuals and their network do not stick to the agreed plan

Astudiaethau dan gyfarwyddyd

- Beth yw'r gofynion deddfwriaethol ar gyfer adolygu cynlluniau gofal a chymorth?

- Sut ydych chi'n cynllunio ac yn trefnu adolygiad o gynllun gofal a chymorth i unigolyn ar hyn o bryd?

- Sut ydych chi'n cynnwys unigolion wrth werthuso eu cynllun ar hyn o bryd?

- Cod Ymarfer Rhan 4 Diwallu Anghenion

- Dewch ag enghreifftiau gwag o ffurflenni adborth i'r ddarlith nesaf i'w rhannu

Directed study

- What are the legislative requirements for the reviews of care and support plans?

- How do you currently plan for and arrange a review of and individuals care and support plan?

- How do you currently include individuals in evaluating their plan?

- Code of Practice Part 4 Meeting Needs

- Please bring blank examples of feedback forms to the next lecture to share

Sut mae cynnwys unigolion wrth adolygu eu cynlluniau?

Trowch at y person nesaf atoch a rhannwch sut mae eich asiantaeth a chithau ar hyn o bryd yn cynnwys unigolion wrth adolygu eu cynlluniau.

Pa ddulliau a ddefnyddiwch i gefnogi unigolyn i werthuso i ba raddau y mae wedi cyflawni (neu beidio) ei ganlyniad?

How do we include individuals when reviewing their plans?

Turn to the person next to you and share how your agency and you currently include individuals when reviewing their plans.

What methods you use to support an individual to evaluate how far they have achieved (or not)) their outcome?

Facilitator Notes

Welsh
gofynnwch i fyfyrwyr weithio mewn parau - gallant symud o gwmpas yr ystafell a gweithio gyda rhywun gwahanol,

10 munud
yr hwylusydd i ofyn am adborth a chofnodi hyn ar siart troi.

English
ask students to work in pairs - they can move around the room and work with someone different,

10 minutes
facilitator ask for feedback and record this on flip chart.

Gwerthusiad – y pellter a deithiwyd

- Ymarfer unigol – ysgrifennwch pam mae gwerthuso yn bwysig?
- Negodi ac ymgynghori
- Casglu gwybodaeth
- Trafod a dadansoddi
- Adolygu'r meini prawf cymhwysedd
- Cynllunio

Evaluation –distance travelled

- Individual exercise – write down why evaluation is important?
- Negotiation and consultation
- Information gathering
- Discussion and analysis
- Review the eligibility criteria
- Planning

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Facilitator Notes

Welsh

Mae gwerthuso hefyd yn berthnasol i ni fel gweithwyr – pa mor agos neu bell ydyn ni wedi gallu deall/rheoli'r risgiau a gyflwynir mewn unrhyw sefyllfa benodol. Dyma gyfle i adolygu'r asesiad – ydy'r wybodaeth gyfredol yn newid canlyniad yr asesiad? ac ati

cydweithio – mae cydgynhyrchu yn ein galluogi i rannu os ydym wedi mynd o'i le hefyd. Yr agwedd bwysicaf ar adolygiad yw archwilio'r hyn sydd wedi gweithio'n dda, unrhyw rwystrau i gyflawni canlyniadau llesiant personol, pryderon a sut i fynd i'r afael â'r rhain wrth symud ymlaen gyda chyfrifoldeb a rennir.

English

Evaluation also applies to us as workers- how near or far have we been able to understand/manage the risks presented in any given situation . This is an opportunity to review the assessment- does the current information change the outcome of the assessment? etc

working together – co production enables us to share if we have go something wrong too. The most important aspect of a review is to explore what has worked well, any barriers to achieving personal wellbeing outcomes, worries and how to address these moving forward with a shared responsibility.

Dull cwestiynu

- A gynhaliwyd y sesiynau y cytunwyd arnynt ar amser?
- A ydych yn glir ynghylch yr hyn yr ydym yn ei fesur?
- a sut mae hyn yn cael ei fesur?
- Sut mae'r unigolyn yn gwerthuso effeithiolrwydd y cynllun gofal

A questioning approach

- Did the agreed sessions take place on time?
- Are you clear about what we are measuring?
- and how this is being measured?
- How is the individual evaluating the effectiveness of the care plan?

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Facilitator Notes

Welsh

Rhannwch rai cwestiynau i helpu myfyrwyr i ystyried pwysigrwydd cynnwys yr unigolyn. Gan gyfeirio at y person y maent yn meddwl amdano, os byddwn yn gofyn i'r person hwnnw ar raddfa o 0 -10 ble mae 10 yw rwy'n deall fy nghynllun gofal yn llwyr, beth yw fy rolau a'm cyfrifoldebau i ac eraill a sut yr wyf yn mynd i werthuso effeithiolrwydd fy nghynllun, a 0 yw does gen i ddim syniad? ble fyddech chi'n ei raddio heddiw?
beth sy'n eich gosod chi ar y rhif hwnnw?
beth sydd angen digwydd i fynd â chi i 10

ble ydych chi'n meddwl y byddai'r person yn ei raddio heddiw?
beth sy'n ei osod ar y rhif hwnnw?
beth sydd angen digwydd i'w cael i 10?

English

Share some questions to help students consider the importance of the individual being involved. referring to the person they are thinking of, if we ask that person on a scale of 0 - 10 where 10 is I totally understand my care plan, what the roles and responsibilities of myself and others are and how I am going to evaluate the effectiveness of my plan and 0 is I have not got a clue? where would you rate it today?
what places you at that number ?

what needs to happen to get you to a 10

where do you think the person would rate it today?
what places them at that number?
what needs to happen to get them to a 10?

Review of plans
Adolygu cynlluniau

I'm In Control	Encourages the individual to continue to maintain control over their support Yn annog yr unigolyn i barhau i gadw rheolaeth dros ei gymorth
ACTION CHANGES THINGS	If the plan is not meeting the assessed needs then it must be reviewed irrespective of a review date Os nad yw'r cynllun yn diwallu'r anghenion a aseswyd, rhaid iddo gael ei adolygu waeth beth fo'r dyddiad adolygu
	Review must ensure that the person and / or their carer, family members or advocate is an active participant Rhaid i adolygiad sicrhau bod y person a / neu ei ofalwr, aelodau o'r teulu neu eiriolwr yn gyfranogwr gweithredol
	Authorised persons involved in the review for those who lack capacity Personau awdurdodedig yn ymwneud â'r adolygiad ar gyfer y rhai nad oes ganddynt alluedd
	In the case of a child the person(s) with parental responsibility and other professionals involved Yn achos plentyn y person(au) sydd â chyfrifoldeb rhiant a gweithwyr proffesiynol eraill sy'n ymwneud â'r achos

Welsh
[**NODYN HWYLUSYDD**: mae gan y sleid hon animeiddiad]

gofynnwch i'r myfyrwyr feddwl am blentyn neu oedolyn y maent yn ymwneud ag ef ar hyn o bryd a gwneud nodiadau yn dilyn pob un o'r pwyntiau y byddwn yn gweithio drwyddynt

gweithio trwy bob adran o'r sleid

Fi sy'n rheoli - sut ydych chi'n sicrhau bod yr unigolyn yn rheoli ei gymorth. Ystyriwch rwystrau e.e. gallu, oedran, anabledd ac ati.

 atgyfnerthu pwysigrwydd gweld unrhyw adegau pan nad yw'r cynllun yn bodloni'r angen a aseswyd fel cyfle i ddatblygu dealltwriaeth ddyfnach o sefyllfa'r person, beth oedd yn amharu ar ddiwallu'r angen, a sut y gallwch chi ddatblygu cynllun gyda'ch gilydd lle mae darpariaeth ar gyfer rheoli heriau'r dyfodol.

Pa ddulliau ydych chi'n eu defnyddio i sicrhau cyfranogiad gweithredol?

Person awdurdodedig - cysylltwch hwn â'r Uned ynglŷn â deddfwriaeth

Personau â CRh - Deddf Plant 1989.   Gofynnwch i'r myfyrwyr ystyried sut maen nhw'n cynnwys rhieni absennol - rhieni anodd eu cyrraedd sydd â CRh?

[**FACILITATORS NOTE**: this slide has animation]

ask students to think of a child or adult they are currently involved with and to make notes following each of the points we will be working through

work through each section of the slide

I'm in control- how do you ensure the individual is in control over their support. Consider barriers e.g capacity, age, disability etc.

 reinforce the importance of seeing any times that the plan is not meeting the assessed need as an opportunity to develop a deeper understanding of the person's situation, what was getting in the way of the need being met, and how can you develop a plan together than has a provision for managing future challenges.

What methods do you use to ensure active participation?

Authorised person- connect this to the Unit re legislation

Persons with PR-Children Act 1989.   Ask students to consider how they involve absent parents- difficult to reach parents with PR?

Adborth gan unigolion

- Mewn parau, rhannwch sut rydych chi'n casglu adborth ar hyn o bryd gan yr unigolion rydych chi'n gweithio gyda nhw?

- A oes unrhyw heriau i gasglu adborth?

Feedback from individuals

- In pairs share how you currently gather feedback from the individuals you work with?

- Are there any challenges to gathering feedback?

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Facilitator Notes

Welsh
3 munud

gofynnwch am adborth – yr hwylusydd i gofnodi'r adborth ar y siart troi.

atgoffwch y myfyrwyr o'r ddeddfwriaeth sy'n sail i bolisïau rhannu gwybodaeth a chyfrinachedd.
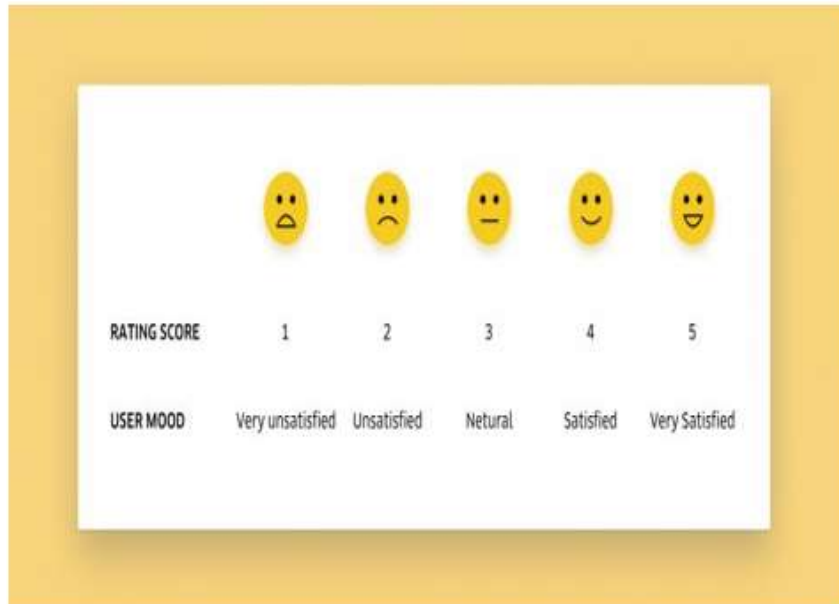
English
3 minutes

ask for feedback – facilitator to record the feedback on flip chart.

remind students of the legislation underpinning the sharing of information and confidentiality policies.

Enghreifftiau o ffurflenni adborth

Examples of feedback forms

RATING SCORE	1	2	3	4	5
USER MOOD	Very unsatisfied	Unsatisfied	Netural	Satisfied	Very Satisfied

NB. This image is only available in English

Facilitator Notes

Welsh
Gofynnwch i fyfyrwyr fynd i mewn i grwpiau a rhannu enghreifftiau o sut mae eu hasiantaeth yn casglu adborth

English
Ask students to get into groups and share examples of how their agency gathers feedback

Diolch
Thank you

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